

Should we really avoid to treat hypertensive patients with beta-blocker?

Beta blockers are not considered as first line medication for treating arterial hypertension as there are data suggesting they may be inferior to some—but not all—other drug classes in regards of clinical outcomes.

However, that' s doesn't mean they do not have any place as treatment for arterial hypertension.

In fact, there are many hypertensive patients who may profit from a treatment with beta blockers such as patients with angina pectoris or coronary heart disease, atrial fibrillation, tachycardia, aortic aneurysm, migraine, tremor, pregnancy, or heart failure.