



Schweizerische Hypertonie-Gesellschaft
Société Suisse d'Hypertension
Società Svizzera d'Ipertensione
Swiss Society of Hypertension

Hot from the hypertensive press

Short analysis of clinical studies that may change our practices in the field of hypertension
05/2022

MMM in Switzerland

May Measurement Month is a worldwide hypertension screening program initiated in 2017 and repeated each year. (1) More than 100 countries have participated. As a regular and faithful participant of the year 2017 to 2019, Switzerland has been invited to publish a short report in a supplement issue of the European Heart Journal. Compared to worldwide results, the percentage of participants with hypertension was similar; the percentage of participants aware of their hypertension was higher in Switzerland. The percentage of treated hypertension with controlled BP was similar. (2) The successive campaigns have been conducted mainly in pharmacies and at university hospitals in Basel, Lausanne and Zurich. (3) The SSH encourages other Swiss centres to join the future campaigns.

[#swisshypertension](#) [#BloodPressureJournal](#) [#MMM](#) [#EuropeanHeartJournal](#)

1. Poulter NR, Borghi C, Damasceno A, Jafar TH, Khan NA, Kokubo Y, et al. May Measurement Month: results of 12 national blood pressure screening programmes between 2017 and 2019 European Heart Journal Supplements. 2022;24(Supplement_F):F1-F5.
2. Damianaki A, Wang W, Beaney T, Burkard T, Sudano I, Burnier M, et al. May Measurement Month 2017–2019: results from Switzerland European Heart Journal Supplements. 2022;24(Supplement_F):F38-F40.
3. Damianaki A, Theiler K, Beaney T, Wang W, Burnier M, Wuerzner G. High blood pressure screening in pharmacies during May Measurement Month campaigns in Switzerland. Blood Pressure. 2022;31(1):129-38.

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31.10.2022